About 2 billion people in the world experience moderate or severe food insecurity: They are forced to compromise on the quality and/or quantity of their diet leading to multiple forms of malnutrition.

The State of Food Security and Nutrition (SOFI 2019)

- **1.3 billion**
  - **FOOD SECURITY**: Adequate access to food in both quality and quantity

- **704 million**
  - **MODERATE FOOD INSECURITY**: People experiencing moderate food insecurity face uncertainties about their ability to obtain food, and have been forced to compromise on the quality and/or quantity of the food they consume
  - **SEVERE FOOD INSECURITY**: People experiencing severe food insecurity have typically run out of food and, at worst, gone a day (or days) without eating
What do we want from food systems?

• **Food security**
  • Sufficient
  • Safe
  • Nutritious

• **For today and the future**
  • Environmental
  • Economic
  • Socio-cultural sustainability

**FOOD SYSTEMS FOR SUSTAINABLE HEALTHY DIETS**
Working with a range of Food Systems Actors

- **CONSUMERS**
  - Retail consumers, corporate consumers

- **RETAILERS**
  - Wholesalers, supermarkets, independents, discounter

- **FOOD AND BEVERAGE COMPANIES**
  - Primary and secondary processors; bakeries, meat, dairy, ready meals, beverages

- **TRADERS**
  - Handlers of agricultural produce, logistical services

- **FARMERS**
  - Growers and producers of grains, fruit, and vegetables, meat, dairy, oils and fats

- **INPUT COMPANIES**
  - Manufacturers of seed, fertilizer, machinery, animal health and nutrition insurance companies
Dealing with different outcomes requires to balance potential trade-offs

- Economic outcomes
- Social outcomes
- Health outcomes
- Environmental outcomes
Improving diets - social protection and school meals

**Food Supply Chains:**
- Smallholder friendly procurement especially of nutrient-rich foods
- Support to cooperatives for increased market stability

**Food environments:**
- Working with grocery stores on marketing of nutrient-rich foods
- Promoting fresh foods in school meals

**Consumer behaviour:**
- Links with conditionality of attendance in preventive care that includes nutrition education
- Increasing awareness on healthy diets
Improving diets of children – marketing

**Food Supply Chains:**
- Regulation on labelling of ALL foods high in sugar, calories, fat, salt in the country
- Taxes on highly sugar-sweetened beverages

**Food environments:**
- Elimination of child targets characters on packaging
- Black labelling of foods high in fat, sugar, salt

**Consumer behaviour:**
- Educate consumers on labelling
- Sensitive consumers on importance of good nutrition
Widespread multi-sector, multi-level action is needed
What are the implications?

Harmonize data and analyses for policy making

Promote policy coherence

Engage with food systems actors

Overcome implementation challenges in a collaborative way

Promote finance coherence

Find available resources at the end of the presentation
Resources on Food Systems and Nutrition